

SILICA

Optimum Enzymatic Function

Silica is an element required for the proper functioning of the enzyme prolyhydroxylase. This enzyme functions in the formation of:

- Collagen in bone
- Cartilage
- Connective tissue
- Blood vessels

Silica is an important factor in bone calcification since large concentrations of silica have been found in growing bone.*

Silica is also found in high concentration in the skin and hair, further implicating its role in supporting structural health.*

How Silica Works

Minerals play many roles in the metabolic activities that strengthen bone, cartilage, and other connective tissues.* Unfortunately, many of the foods eaten today have lost their nutritional value due to soil nutrient depletion, food processing, and cooking.

Silica aids in replenishing missing minerals to help boost the body processes needed for supporting structural health.*

All-Natural Supplement

The all-natural state of this supplement also makes it unique. Cell-Ready® Minerals contains:

- No fructose or sugars
- No artificial colors or flavorings
- No calories or caffeine
- No animal by-products or animal testing



ID #8206 – Silica

*Minerals for
Life® Replenishing
the Essence
of Vibrant Health™*

Supplement Facts

Serving Size: 1 Fluid Ounce (30 mL)
Servings Per Container: 32

	Amount Per Serving	% Daily Value
Silica	2 mg	*

(from Ortho Silicic Acid)

*Daily Value not established.

Other Ingredients: Purified water.