



NON FASTING PLAN TOTAL BODY



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TOTAL BODY • GENTLE & EASY TO USE • NUTRIENT RICH

Quality Ingredients • Gluten Free • Cold Processed

No Dairy • Vegetarian Friendly • Non Pasteurized • Non Irradiated

TOTAL BODY CLEANSE & DETOX

A periodic body Cleanse and Detox can be beneficial. It gives your body a chance to "reboot" and begin fresh with healthy patterns.* It helps to rejuvenate your energy levels, weight management, hormones, skin, digestion and overall body balance.* But, not all Cleanse and Detox products or programs are the same.

ENIVA'S IS DIFFERENT

It's Total Body Many programs deal only with cleansing the colon. Eniva's Program focuses on a variety of body systems for a more holistic and thorough approach.*

It's Nutrient Rich Many Cleanse and Detox Programs have few nutrients to keep your energy level up and your body nourished. Eniva's Program provides four nutrientdense supplements to keep you feeling balanced and healthy, not weak and hungry.

Benefits You Can Expect

Drop pounds and Drop the Lethargic Feeling* Impacted fecal matter in your colon, due to years of accumulated waste, can cause extra weight. It may make you feel sluggish and slow.

In general, a Cleanse works to sweep waste matter away, and help rid the body of intestinal toxins giving you a renewed sense of energy.* People report being pounds lighter and find they have higher energy levels after they finish a Cleanse and Detox cycle. Other forms of unwanted material trapped in the liver, gallbladder and intestines may also pass out of the body during a cleanse.*

You Can Be a Stronger Fighter*

A Cleanse can help your body clean toxins from organs and systems. It can also help keep bad bacteria in check, stopping it from producing toxins that damage the intestinal lining and get further absorbed into the bloodstream. This means you will have a better chance of staying healthy in the face of illness and immune challenges.* People who struggle with congestion, coughing, infections, fatigue, irritations, or occasional discomfort tend to see benefits from a Cleanse and Detox.*

Concentration and Focus* In an environment where the body's detoxification process is working, your brain may experience optimal performance, creativity and concentration.* The overall "cleaning out" process can make room for your mind to be clear and focused. Plus, Eniva's Program can be used *with* food – you don't need to starve yourself. The program works even if you choose to consume food during the routine.

It's Gentle and Easy to Use Some programs are quite aggressive for your system and may make you uncomfortable. Eniva's program is subtle, comfortable and easy to use – just mix with your water or juice (see program instructions.)

It Transitions into a Routine Most programs break off suddenly leaving you with out a bridge to move into healthy habits. Eniva's Program gives you an ongoing plan to maintain good nutrition for the long term.

It's Affordable Many programs run \$200–\$300 depending on the exotic herbals and components of the regimen. Eniva's program is affordable making the benefits available to people seeking wellness for a reasonable cost.

Mind/Body Connection* The process of releasing unwanted substances can have a cathartic effect for a number of other emotional and physiologic conditions, too. With a Cleanse the body systems, including adrenals, get to begin fresh in a healthy pattern. You may find you deal with stress better.* You may also notice feeling calmer and more positive.* Be sure to incorporate other healthy mind and body practices, such as breathing, meditation and relaxation.

> Look Better, Too! A cleanse not only helps your inner body, it reinvigorates your outer skin and hair, too.* Many report they appear years younger after they have done a Cleanse and Detox.* Often toxins manifest as skin irritation or rashes. A cleanse can help address accumulated toxins and give skin a chance to glow in its natural, healthy state.

Program Contains

Skin

Gallbladder

1 Chlorophyll+ Helps cleanse the entire body, especially the liver, gallbladder, colon and blood; also helps to "deodorize" the body.*

1 VIBE bottle or box Supports total body detox and counteracts free radical damage; supports the health of cellular DNA.* Nourishes body during a cleanse.*

1 LifeCleanse Aids Colon, digestive tract and liver maintenance and internal conditioning*. Also supports healthy intestinal bacteria.*

1 Muscle Aid Addresses accumulation of aluminum in the soft tissue and helps support energy production.*