

OMEGA 3-6-9 SALAD OIL

Light, Healthy, Delicious

This versatile oil can be used as a delightful dip for breads in a buffet, as an appetizer or side dish, a topping for baked potatoes or as a base for some of the best salad dressing recipes you've ever experienced.

Eniva's gourmet Omega 3-6-9™ provides you with a wide variety of smart fats, including the premium essential fatty acids VITAL to good health, yet drastically missing from the standard American diet. Now you can get Omega-3 (linolenic acid), Omega-6 (linolenic acid) and Omega-9 (oleic acid) oils, all in one great tasting salad oil.

Benefits of Essential Fatty Acides

- Trigger metabolism & manage body fat*
- Help boost antioxidants*
- Support the cardiovascular system*
- Aid healthy skin and nails*
- Support healthy joints*
- Help aid immune health*
- Help support neurological health*



Wellness to the World[®]

Nutrition Facts
16 servings per container
Serving size 1 tablespoon (14g)

Amount Per Serving		% Daily Value*
Calories 120		
Total Fat 12g		19%
Saturated Fat 1g		5%
Polyunsaturated Fat 7g		
Monounsaturated Fat 4g		
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 0mg		0%
Total Carbohydrate <1g		0%
Protein 0g		

Not a significant source of dietary fiber, sugars, vitamin A, vitamin C, calcium and iron.

*The percent Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Walnut oil, sesame oil, sweet almond oil, avocado oil.

ID# 13503

Our Oils Are...

- Highly stable
- Cholesterol-free
- Cold pressed
- Nitrogen flushed for freshness
- Hexane and solvent-free