

# NATURAL HEALTH PROBIOTIC+

## The Benefits of Friendly Bacteria

The bacteria that live in the intestines are a large and diverse population. The numbers change depending on age, diet, health status, and use of drugs and supplements. **When the overall flora of the intestines is drastically changed and the amount of friendly bacteria reduced, major health consequences may occur.\***

Probiotic bacteria favorably alter the intestinal microflora balance, out-compete the growth of harmful bacteria, promote healthy digestion and nutrient absorption, promote immune function, and increase the body's resistance to infection.\* Individuals with flourishing intestinal colonies of beneficial bacteria are better equipped to fight the growth of harmful bacteria.\*

## Includes

Lactobacillus Acidophilus • Bifidobacterium • FOS

## FOS – Why Does It Matter?

The Fructooligosaccharide (FOS) used in Natural Health Probiotic is a naturally occurring substance. It is a compound described as a prebiotic. It is not digestible by the stomach. It can only be broken down by bacteria in the colon. **FOS is a substance that selectively promotes the growth and activity of only beneficial bacteria.\***

## Natural Health Probiotic+ Helps Support

- Healthy immune function\*
- Healthy digestion\*
- Growth and activity of beneficial intestinal bacteria\*
- Increased mineral and nutrient absorption\*
- Healthy lipid and cholesterol levels\*



ID # 12005

### Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

	Amount Per Serving	% Daily Value
<b>Probiotic+ Proprietary Blend</b>		*
<b>Probiotic Components (20 billion CFU)</b>		*
Lactobacillus acidophilus		
Lactobacillus salivarius		
Lactobacillus plantarum		
Bifidobacterium infantis		
Bifidobacterium bifidum		
Streptococcus thermophilus		
<b>Prebiotic Components</b>		*
<b>FOS (Fructooligosaccharides)</b>	200 mg	*
<b>Inulin (Jerusalem Artichoke Tuber)</b>	200 mg	*

\*Daily Value not established.

**Other Ingredients:** Microcrystalline cellulose, vegetable cellulose, water.